



For Immediate Release
Contact: Elizabeth Pace
epace@covenantwoods.com
569-8007

Continuing Education for Adults 50+

Across Hanover students have settled into their school routine but learning is certainly not restricted to those enrolled from elementary through university classes. And thanks to The Shepherd Center of Richmond's Open University learning is a life-long experience. Covenant Woods is the host-site for the Hanover Open University and is excited to bring this opportunity to Hanover for 8 weeks starting Tuesday, September 28th.

Open University, is a continuing education program for adults 50 years and older who want to keep learning. The classes, many taught, by former university professors are taught for 8 week sessions which provides the benefit of deep subject matter study but with the benefit of no homework or final exam. And most important the classes are fun, "I attended the Open University classes for the first time this past Winter and Spring at Covenant Woods. The professors were incredibly knowledgeable in their subject matter but most important it was fun and I was able to meet a lot of new people. My brain certainly got a workout Tuesday mornings but I didn't have to worry about passing the final to continue attending!" said University participant Mary Vaughan Francis.

This Fall semester Covenant Woods course schedule will boost -
9:45-10:45

Tudor Personalities, Politics, and Religion
in 16th Century England
Current Events

John Rilling
Robert Gomperts and Ralph Graner

11:00-11:50

Accountability for Wellness in Later Years
World War I: Politics and Diplomacy

Dr. Stan Higgins
Captain Ernest Castle

Those who are interested in attending the Open University have two enrollment options whether it's as a member or non-member. The annual membership is \$25 and semester tuition of \$35 for members or \$55 for non-members. Students that register for the semester are eligible to attend classes at any of the additional three Open University locations in the Greater Richmond area – West End - St. Mary's Catholic, Southside - St. Luke Lutheran and in the city- First Presbyterian. The first day of class is free so those just interested in learning firsthand what it's all about can attend with absolutely no obligation to continue.

Covenant Woods' will be offering a \$20 scholarship to the first 20 community members that register for the Open University classes at Covenant Woods. This scholarship is available thanks to the generosity of Bon Secours Richmond Health System who seeks to elevate care in their community.



For information about The Shepherd Center of Richmond and how they provide opportunities for intellectual stimulation and socialization please contact Linda Franks at (804)355-7282. For information on Bon Secours Richmond Health System and how they provide Good Help to Those in Need contact Cynthia Pellegrin a (804) 287-7700.

Covenant Woods is a not for profit, CCAC accredited, continuing care retirement community lead by a volunteer Board of Directors. Located on 75 acres, Covenant Woods includes independent living apartments and cottages, as well as Manor East which houses assisted living, memory support and nursing facilities. You may visit Covenant Woods at 7090 Covenant Woods Drive, Mechanicsville or www.covenantwoods.com. For more information, contact Elizabeth Pace at 569-8007.