



## OCTOBER CAMPUS EVENTS

**Come and Join Us** programs are free to attend unless otherwise noted. Please call 569-8000 to sign-up, so we can confirm seating (as some events sell out) and prepare any materials.

### Classes

There is still time to join!

#### **Open University Fall Semester Starting Tuesdays September 28th**

Have you been looking for a new way to exercise your mind in a social setting? If so, then Open University's Fall term may just be for you. The eight-week term will start Tuesday September 28. It's a great way to learn without having to worry about tests, finals or grades! Joining a class is easy and free your first day.

The term tuition for members is \$35 and allows you to attend classes at any of the 3 other locations. Annual Membership is \$25 and, in addition to the \$20 class savings per term, membership includes member rates on Shepherd's Center trips. Covenant Woods' will be offering a \$20 scholarship to the first 20 community members that register for the Open University classes at Covenant Woods. This scholarship is available thanks to the generosity of Bon Secours Richmond Health System who seeks to elevate care in their community.

9:45-10:45

Tudor Personalities, Politics, and Religion in 16<sup>th</sup> Century England  
Current Events

John Rilling  
Robert Gomperts and Ralph Graner

11:00-11:50

Accountability for Wellness in Later Years  
World War I: Politics and Diplomacy

Dr. Stan Higgins  
Captain Ernest Castle

### Evening Programs

#### **“Newspapers, Books & Magazines” presented by Ray McAllister Monday, October 4th at 7:00 PM; Community Center**

**Description:** For more than three decades, 14 years as a Richmond Times-Dispatch reporter, then 19 as a columnist, Ray was one of Richmond's best-known writers. In 2006, he turned to writing books with acclaimed “Topsail Island: Mayberry by the Sea”, and has followed that with two other award-winning books on Wrightsville Beach and Hatteras Island. Now he also edits the award-winning *Boomer* magazine, which features many of Richmond's favorite writers. Ray will share the stories of working for each type of publication. If you would like to purchase any of Ray's books, he will have the \$20 books on sale for \$15 each, or all three for \$40, after his presentation. Ray will also be available to sign your book(s).

**“Ballroom Dance: Dance for Fun & Health” presented by Dance Instructor, Gloria Wayland**

**Monday, October 11th at 7:00 PM; Multi-Purpose Room**

**Description:** Gloria Wayland, a dance instructor for 35 years, will perform and demonstrate with her students several ballroom dances including Viennese Waltz, Swing, Cha-Cha, Tango, Rumba, Fox Trot and Waltz. After the performance, Gloria will invite the audience to learn the basic steps of Merengue’.

**Therapy Talk: “Cholesterol” presented by Lauren Kopelove, PT, DPT, MTC**

**Thursday, October 14th at 3:00 PM; Community Center**

**Description:** Lauren will give you an educational overview of cholesterol, including the different types, sources, and ways to improve your cholesterol levels.

**“Meet Our New Director of the Richmond Symphony, Steven Smith”**

**Monday, October 18th at 7:00 PM; Community Center**

**Description:** “I am honored to be welcomed as the new Music Director of the Richmond Symphony Orchestra and excited to begin making music together.” With these words, Steven Smith, our new symphony orchestra Director, related his excitement to be here as Richmond’s new Music Director. Most recently having completed his eleventh year as the Music Director of the Santa Fe Symphony and Chorus, his background is exceptional, both in this country and abroad. He is a native of Toledo, Ohio, and earned a masters degree from the Eastman School of Music and the Cleveland Institute of Music. His wife, Stacia Lewandowski, is also a musician.

**“The ABC's & D! Of Medicare” presented by Michael Walsh, Senior Sales Agent, Universal American**

**Thursday, October 21st at 3:30 PM; Community Center**

**Description:** Michael Walsh will present an informative talk on each category of Medicare and the impact each part has on seniors’ healthcare needs.

**Liz Nance and Russell Lawson present “The Greatness of Gospel”**

**Monday, October 25th at 7:00 PM; Community Center**

**Description:** Liz Nance and Russell Lawson bring voices, guitar and mandolin to celebrate the gospel greats. Favorite hymns, traditional tunes, lots of harmony and sing-a-longs will make a reminiscent and fun program.