

FireSIDE

BREAKFAST

Breakfast served until 2:30 pm

FRENCH TOAST

\$ 4.25

Two pieces of battered brioche bread served with whipped butter, powdered sugar, and syrup
Calories 456/Fat 36g/Carbs 45g/Protein 12g/Sodium 450mg
Add strawberries or blueberries / \$1.50

THE SHORT STACK

\$ 5.00

Three buttermilk pancakes served with whipped butter, powdered sugar, syrup and choice of bacon or sausage
Calories 700/Fat 27g/Carbs 70g/Protein 20g/Sodium 850mg
Add strawberries or blueberries / \$1.50

BELGIAN WAFFLE

\$ 5.00

Served with whipped butter, powdered sugar, and syrup
Calories 630/Fat 27g/Carbs 30g/Protein 13g/Sodium 820mg
Add strawberries or blueberries / \$1.50

SUNRISE BREAKFAST

\$ 6.50

Two eggs any style, bacon or sausage, toast, served with breakfast potatoes
Calories 618/Fat 39g/Carbs 35g/Protein 28g/Sodium 875mg

EGGS BENEDICT

\$ 8.00

Toasted english muffin, poached eggs, canadian bacon, and hollandaise sauce
Calories 647/Fat 39g/Carbs 34g/Protein 30g/Sodium 975mg

CRAB CAKE BENEDICT

\$ 13.00

Toasted english muffin, house-made lump crab cakes, poached eggs, and hollandaise sauce
Calories 1000/Fat 70g/Carbs 44g/Protein 55g/Sodium 1450mg

OMELET

\$ 5.00

Three egg omelet and toast
Calories 441/Fat 20g/Carbs 36g/Protein 17g/Sodium 400mg

ADD TOPPINGS / \$0.50 EACH:

onions, peppers, bacon, sausage, ham, mushrooms, spinach, tomatoes, swiss, american, cheddar

BREAKFAST SANDWICH

\$ 4.00

Egg your way, bacon or sausage, american cheese, and choice of bread
*egg whites available upon request
Calories 210/Fat 18g/Carbs 23g/Protein 11g/Sodium 900mg

CREAMED CHIPPED BEEF

\$ 7.50

Thinly sliced, salted, and dried beef in a cream sauce over choice of toast
Calories 675/Fat 14g/Carbs 50g/Protein 28g/Sodium 1400mg

BREAKFAST SIDES

SIDES \$1.50 EACH

BACON

Calories 120/Fat 11g/Carbs 2g/Protein 9g/Sodium 450mg

TURKEY SAUSAGE

Calories 160/Fat 12g/Carbs 2g/Protein 14g/Sodium 440mg

SAUSAGE

Calories 200/Fat 18g/Carbs 0g/Protein 7g/Sodium 550mg

EGG

Calories 80/Fat 5g/Carbs 1g/Protein 6g/Sodium 70mg

FRUIT / ADD \$ 1.50

Calories 80/Fat 0g/Carbs 13g/Protein 0g/Sodium 0mg

PANCAKE

Calories 260/Fat 12g/Carbs 45g/Protein 7g/Sodium 300mg

TOAST

Calories 260/Fat 2g/Carbs 50g/Protein 0g/Sodium 260mg

ENGLISH MUFFIN

Calories 190/Fat 2g/Carbs 37g/Protein 6g/Sodium 230mg

OATMEAL

Calories 230/Fat 8g/Carbs 22g/Protein 3g/Sodium 2mg

BREAKFAST POTATOES

Calories 130/Fat 3g/Carbs 18g/Protein 2g/Sodium 375mg

MUFFIN OF THE DAY

*These items can be cooked to order. Consuming raw or undercooked meats, poultry, seafood, shellfish, eggs, or unpasteurized milk may increase your risk of foodborne illness.

MAINS

ADD A SAUCE TO ANY ENTREE: Demi-glaze, teriyaki ginger glaze

PICCATA

\$ 11.00

Choice of lightly breaded chicken or marinated tofu in tangy lemon, caper, and white wine sauce over angel hair with garlic bread

Calories 900/Fat 40g/Carbs 60g/Protein 59g/Sodium 400mg

HIBISCUS CITRUS SALSA



\$ 18.50

SALMON *

Seared salmon topped with a hibiscus citrus salsa made with oranges, jalapenos, bell peppers, red onion, cilantro, and dried hibiscus, served with two sides

Calories 380/Fat 20g/Carbs 8g/Protein 40g/Sodium 531mg

CRAB CAKES

\$ 16.00

Two house-made lump crab cakes topped with a low-country gravy with sundried tomatoes, served with two sides

Calories 256/Fat 8g/Carbs 14g/Protein 31g/Sodium 775mg

SEARED SCALLOPS

\$ 22.00

Pan-seared scallops with fresh pea shoots and coconut-corn puree, topped with bacon powder

*No side choice

Calories 620/Fat 22g/Carbs 40g/Protein 47g/Sodium 1200mg

CHICKEN TENDER BASKET

\$ 8.00 | \$ 11.00

Four hand-breaded chicken tenders fried golden, served with fries and your choice of ranch, bbq, or honey mustard

Calories 801/ Protein 69g/ Carbs 0g/ Fats 57g/ Sodium 1740mg

FISH AND CHIPS

\$ 13.75

Fried beer battered cod served with fries, coleslaw, and tartar sauce

Calories 850/Fat 42g/Carbs 55g/Protein 32g/Sodium 1400mg

ANGEL HAIR AND MEAT SAUCE

\$ 7.00 | \$ 10.00

House made meat sauce topped with parmesan cheese and served with garlic bread

Calories 493/Fat 16g/Carbs 33g/Protein 20g/Sodium 950mg

FILET MIGNON *



\$ 27.00

6oz grilled choice cut filet, served with two sides

Calories 350/Fat 12g/Carbs 0g/Protein 36g/Sodium 95mg

PAN ROASTED PORK RIBEYE



\$ 14.00

8oz pan roasted boneless pork ribeye topped with a honey and whole grain mustard sauce, served with two sides

Calories 450/Fat 20g/Carbs 25g/Protein 20g/Sodium 950mg

HEALTHY CHOICES

ROASTED COD



\$ 14.00

Roasted cod served with a chilled fennel-orange salad with choice of side

Calories 524/Fat 32g/Carbs 12g/Protein 30g/Sodium 800mg

CAULIFLOWER STEAK



\$ 13.00

Roasted cauliflower steak served with lentil ragout and carrot top chimichurri *No side choice

Calories 460/Fat 30g/Carbs 32g/Protein 11g/Sodium 350mg

GRILLED SWORDFISH



\$ 18.00

Grilled swordfish over watermelon pico de gallo made with diced watermelon, jalapenos, and bell peppers, served with choice of side

Calories 285/Fat 7g/Carbs 10g/Protein 48g/Sodium 300mg



Blue Zones



Dairy Free



Gluten Friendly

HANDHELDS

SERVED WITH CHOICE OF SIDE

LODGE BURGER * \$ 9.00

Local Seven Hills burger, lettuce, tomato, and red onion on a buttered brioche bun.

Add sautéed mushrooms, grilled onions, bacon, or cheese / \$0.75 per topping

Calories 590/Fat 28g/Carbs 54g/Protein 56g/Sodium 1100mg

GRILLED CHICKEN SANDWICH \$ 9.00

Grilled chicken breast with lettuce, tomato, and red onion on a buttered brioche bun.

Add sautéed mushrooms, grilled onions, bacon, or cheese / \$0.75 per topping

Calories 590/Fat 18g/Carbs 54g/Protein 56g/Sodium 1100mg

FRIED CHICKEN SANDWICH \$ 9.00

Fried chicken breast with lettuce, tomato, and red onion on a buttered brioche bun.

Add sautéed mushrooms, grilled onions, bacon, or cheese / \$0.75 per topping

Calories 770/Fat 20g/Carbs 58g/Protein 56g/Sodium 1720mg

PUB DOG \$ 6.00

Add sauerkraut or cheese / \$0.75 per topping

Calories 360/Fat 32g/Carbs 30g/Protein 18g/Sodium 650mg

GRILLED CHEESE \$ 4.75

Choice of cheese griddled on choice of bread.

Add bacon or tomato / \$0.75 per topping.

Add ham or turkey / \$2.50 per meat

Calories 291/Fat 10g/Carbs 27g/Protein 5g/Sodium 410mg

BUILD YOUR OWN SANDWICH

\$ 7.00 | \$10.00

Available hot or cold with the choice of:

Proteins:

Turkey, ham, roast beef, pastrami, bacon

Cheese:

American, cheddar, swiss, provolone, pepper jack

Toppings:

Lettuce, tomato, red onion, cucumber, pickles, banana peppers, sauteed onions, spinach, coleslaw, sauerkraut, avocado

Spreads:

Mayo, mustard, hummus, garlic mayo, thousand island dressing, italian dressing

Breads:

White, wheat, rye, sourdough, sub roll, brioche bun, english muffin, gluten free bread, spinach tortilla

PIZZA \$ 9.00

Traditional red sauce, mozzarella, olive oil

*No side choice

PERSONAL PIZZA & SALAD \$ 9.00

Traditional red sauce pizza and choice of side salad or side caesar

ADD TOPPINGS / \$0.50 EACH:

Pepperoni, italian sausage, bell peppers, mushrooms, black olives, bacon, caramelized onions

Because of the handcrafted nature of our menu items, the shared cooking and preparation areas of our kitchen, and our reliance on suppliers for information, we cannot guarantee any item is allergen free. While items are prepared to specifications upon request, they may not meet the definition of "allergen-free" for those who are highly sensitive.

LIGHTER FARE

CHINESE CHICKEN SALAD \$ 11.00

Romaine, cabbage, mandarin oranges, carrots, crispy wontons, sliced almonds, grilled chicken, sesame dressing

Calories 575/Fat 22g/Carbs 30g/Protein 42g/Sodium 850mg

CAESAR SALAD \$ 6.00

Romaine, shaved parmesan, croutons

Calories 400/Fat 32g/Carbs 21g/Protein 7g/Sodium 700mg

HOUSE SALAD \$ 6.00

Romaine, carrots, cucumbers, radishes, and tomatoes

Calories 60/Fat 0g/Carbs 12g/Protein 1g/Sodium 60mg

ADD TO ANY SALAD OR A LA CARTE



Grilled chicken \$ 5.00

Calories 220/Fat 6g/Carbs 6g/Protein 36g/Sodium 190mg



Fried chicken \$ 5.00

Calories 400/Fat 8g/Carbs 10g/Protein 26g/Sodium 800mg



Seared salmon* \$ 12.50

Calories 412/Fat 29g/Carbs 0g/Protein 30g/Sodium 190mg



Sautéed shrimp \$ 8.00

Calories 300/Fat 15g/Carbs 2g/Protein 36g/Sodium 200mg



Marinated Tofu \$ 5.00

Calories 100/Fat 6g/Carbs 4g/Protein 9g/Sodium 200mg



Tumeric Roasted Chickpeas \$ 2.00

Calories 100/Fat 6g/Carbs 4g/Protein 9g/Sodium 200mg

SOUP DU JOUR \$ 4.00

VEGETABLE SOUP \$ 4.00

SIDES

SIDES \$ 3.00 EACH

FRIES

Calories 250/Fat 16g/Carbs 28g/Protein 2g/Sodium 400mg

ONION RINGS

Calories 350/Fat 25g/Carbs 40g/Protein 4g/Sodium 800mg

FRUIT

Calories 80/Fat 0g/Carbs 13g/Protein 0g/Sodium 0mg

MAPLE GINGER GLAZED TRI-COLOR CARROTS

Calories 180/Fat 10g/Carbs 21g/Protein 7g/Sodium 250mg

HARVARD BEETS

Calories 180/Fat 1g/Carbs 38g/Protein 1g/Sodium 275mg

FLORENTINE PASTA SALAD

Calories 145/Fat 5g/Carbs 22g/Protein 4g/Sodium 55mg

ROUTE 11 LIGHTLY SALTED CHIPS

Calories 150/Fat 8g/Carbs 16g/Protein 2g/Sodium 90mg

SIDE SALAD

Calories 35/Fat 0g/Carbs 7g/Protein 2g/Sodium 30mg

SIDE CAESAR WITH CAESAR DRESSING

Calories 184/Fat 15g/Carbs 7g/Protein 5g/Sodium 350mg

MASHED POTATOES

Calories 160/Fat 10g/Carbs 24g/Protein 4g/Sodium 500mg

COLESLAW

Calories 190/Fat 15g/Carbs 14g/Protein 1g/Sodium 200mg

STEAMED BROCCOLI

Calories 35/Fat 1g/Carbs 8g/Protein 4g/Sodium 40mg

SAUTEED ASPARAGUS AND MUSHROOMS

Calories 80/Fat 6g/Carbs 3g/Protein 2g/Sodium 300mg

JASMINE RICE

Calories 180/Fat 1g/Carbs 35g/Protein 6g/Sodium 300mg

SAUTEED SPINACH

Calories 74/Fat 4g/Carbs 7g/Protein 5g/Sodium 300mg

LOADED BAKED POTATO / AFTER 4:00PM

with butter, cheese, bacon, sour cream, chives

Calories 470/Fat 20g/Carbs 35g/Protein 6g/Sodium 700mg

LOADED SWEET POTATO / AFTER 4:00PM

with cinnamon brown sugar honey butter

Calories 450/Fat 12g/Carbs 45g/Protein 2g/Sodium 350mg

NOODLES

angel hair or gluten free

VEGETABLE OF THE DAY

SOUP DU JOUR / ADD \$1.00

VEGETABLE SOUP / ADD \$1.00